

Policy Number: 6.5
One Year Certification for Children
Revised/Effective October 1, 2012

Title: One Year Certification for Children

Purpose

To reduce the barriers created by Montana's large geographic size and small population; while still providing quality nutrition services for all participants.

Authority

7 CFR 246.11, USDA memo 2004-WIC-13

Policy

All children will be certified for a period up to one year.

I. One Year Certification

- A. Children certified for one year will have their hemoglobin checked at certification.
 - 1. If hemoglobin screening is at or below the established cut-off value for anemia, an additional test will need to be performed in the next one to two months or until hemoglobin status improves.
 - 2. A child with a hemoglobin screening at or below the established cut-off value will need to have their hemoglobin re-tested at the mid-certification visit.
 - a. See Attachment [Anemia Cut-Off Values](#).

II. Mid-Year Certification Visit

- A. A mid-certification visit will be scheduled for children mid-way through their yearlong certification (i.e. in the of 5-7 month range).
 - 1. Nutrition Assessment
 - a. Length/height and weight measurements.
 - b. Blood screening if screening at certification was at or below the established cut-off value.
 - c. Mid-certification VENA questions.
 - 2. Nutrition Education
 - a. Review of growth and blood-work results.
 - b. Appropriate topics based on the participant's stated interests, concerns, and nutrition care plan.

3. Referrals

- a. Follow-up on referrals made at prior visits.
- b. Make and document new referrals as appropriate for the participant's needs.

4. Goals

- a. Follow-up on participant's progress on agreed upon goals from previous visits.

B. Mid-certification visits may be conducted using a distance method utilizing anthropometric measures and blood-work information from another qualified source.

- 1. The document needs to be completed in writing, signed and dated.
- 2. It may be faxed.
- 3. The VENA questions and nutrition education may be completed by telephone or using a secure internet meeting function.